

Health Care Options Presentations

Attend an informative session at one of these convenient locations.

California Health Care Options (HCO) Presentation Sites

Sacramento County

2026 Schedule

- ☒ In-Person Medi-Cal Managed Care Information
- ☒ No Appointment Necessary
- ☒ Free Help To Complete Forms



Location	Zip Code	Day	HCO Site Hours	Languages
County of Sacramento Department of Human Assistance 5747 Watt Avenue, North Highlands	95660	M - F	8am - 12pm 12:30pm - 4pm	English, Russian & Spanish
County of Sacramento Department of Human Assistance 3960 Research Drive, Sacramento	95838	M - F	8am - 12pm 12:30pm - 4pm	English, Hmong & Spanish
County of Sacramento The Susie Gaines Mitchell Building 2450 Florin Road, Sacramento	95822	M - F	8am - 12pm 12:30pm - 4pm	English & Spanish

Presentation times, dates, and locations are subject to change.

Please contact the Health Care Options toll-free number 1 (800) 430-4263 to verify the schedule before attending. Additional sites may be available at the time of your call. Health Care Options will not be conducting presentations on State Holidays and during monthly staff meetings, which typically occur on the third Friday of each month (please call to verify).

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Location	Zip Code	Day	HCO Site Hours	Languages
County of Sacramento Department of Human Assistance 2700 Fulton Avenue, Sacramento	95821	M - F	8am - 12pm 12:30pm - 4pm	English & Spanish
County of Sacramento Department of Human Assistance 210 North Lincoln Way, Galt	95632	T- W	8am - 12pm 12:30pm - 4pm	English & Spanish

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